

# welcome home TO ESKATON

December  
2011



Assisted Living & Memory Care  
916-789-7831  
www.eskaton.org

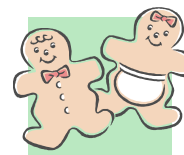
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## Village Mailer Lodge Edition

### Holiday Party



It's Christmas time again and we're having a party! Decorate a gingerbread man or sugar cookie, have your picture taken with Father Christmas in his new red outfit, sing carols and enjoy some refreshments. All the excitement begins at 2:00 on Sunday, December 11th in the dining room. As you arrive, we'll take your picture in front of the Christmas tree, then you can decorate a cookie while we continue with the photos. Marvin Ulvild will provide musical back up so we can sing some of our favorite songs, and the kitchen will be serving some tasty hors d'oeuvres. Invite your family members to join the fun—the more the merrier!



### December Outings

- ◇ Draper's and Damon's on December 7th at 10:30 AM
- ◇ Christmas Lights Drive on December 12th at 5:30 PM
- ◇ Skipolini's Lunch Outing on December 21st at 11:00

Please sign up at least 24 hours in advance for each outing.

### New Year's Party



Let's ring in the new year in Europe! It'll be midnight in France, Spain, Italy, and several other European countries at 3:00 PM here on New Year's Eve, so come enjoy music by Bill Butler as we celebrate with them! We'll learn to say "Happy New Year" in Spanish and French so we can shout it out before singing "Auld Lang Syne." with Bill. The fun starts at 2:00 in the dining room on Saturday, December 31st.



The employees of  
Eskaton Village  
Roseville wish you a  
safe and happy holiday  
season!

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## This Month's Theme: Christmas Music



Christmas music, which is a broad term for music that is normally heard on or around the Christmas season, consists of a variety of genres of music. The earliest forms of Christmas music comprised of chants and hymns, and by the 13th century, the carol came into play. The tradition of singing Christmas carols for alms started in 17th century England. Eventually, the custom started to spread around the 18th and 19th centuries.

Songs which are traditional, even some without any religious content, are considered Christmas carols. A standard set of traditional Christmas carols include: "Deck the Halls", "Hark! The Herald Angels Sing", "Joy to the World", "O Come All Ye Faithful", "Silent Night", "Twelve Days of Christmas", and "We Wish You a Merry Christmas".

More recently popular Christmas songs, often introduced through film or other entertainment medium, are specifically about Christmas, but are typically not overtly religious and therefore do not qualify as Christmas carols. According to the American Society of Composers, Authors, and Publishers (ASCAP), the top 5 most played Christmas songs in 2010 were:

1) "Sleigh Ride" (played 174,758 times)



4) "It's The Most Wonderful Time of the Year" (played 124,883 times)

2) "Winter Wonderland" (played 156,441 times)

5) "White Christmas"

3) "Jingle Bell Rock" (played 135,200 times)

(played 113,290 times)



## December Birthdays

Sagittarius rules those born from December 1 to 21. Sagittarians are often on the go, and their endless optimism is infectious. These are easygoing and curious people who love to learn new things. Capricorns are born from December 22 to 31. They are pragmatic and forthright, so they have no problem sharing their advice. Great improvisers, Capricorns make quick judgments in tricky situations.

**December 3**-Johnny Poeun

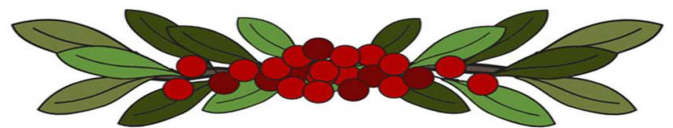
**December 8**-Robin Emley

**December 9**-Carroll Lewis

Donna Kygar

Elsie Fabiano

Martin Holstege



**December 10**-Clifford Silva

**December 12**-Jasveer Singh

**December 15**-Shaminder Kaur

**December 16**-Jessica Radican

**December 17**-Rupinder Kler

**December 18**-Karen Paterson

**December 20**-Sandra Ojeda

**December 23**-Inna Vorobyov

**December 28**-Mary Ann Cox

**December 29**-Anthony Bridges

**December 31**-Lois Marshall

Lois Roland

Michael Geisler

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## Afternoon Movies

We've had requests for movies and shows in the afternoon, so we're starting something new. Every day at 2:00, we'll start a movie or classic TV series for your enjoyment. TV shows will include "I Love Lucy" and "The Andy Griffith Show" among others. There will be an assortment of movies—drama, comedy, romance, science fiction, Westerns, musicals and more. We'll also have some documentaries and "Cronkite Remembers" shows. So, if you're relaxing in your apartment and want something different to watch, tune in to channel 5 at 2:00 PM.

Due to staff vacations, the bus will not be available for transportation from December 23rd through January 1st. The van will still be available on a limited schedule. If you need transportation with the lift, please see Lisa McCurdy to make arrangements. There will be no transportation to church on Sunday, December 25th.

## Unique Holiday Giving

Recognizing someone special over the holidays is a unique way to recognize a friend or relative and at the same time support the mission of Eskaton. A gift to Eskaton Foundation in honor of a friend is a thoughtful and meaningful way to give this year.

Your friend or loved one will be delighted when they receive a beautiful card explaining your gift (with your donation amount remaining confidential) and you will receive our gratitude for your tax-deductible donation. The card will be inscribed as shown below.

A generous gift given by \_\_\_\_\_  
was made in your name in celebration  
of this holiday season to Eskaton Foundation.  
We are grateful for the gift and pleased  
to acknowledge you.

At Eskaton Foundation we say that when a donor makes a tribute gift, they are **giving a gift that gives twice**. When you recognize someone special by celebrating the holidays you not only give a unique gift to your friend or relative, you give a gift that directly enhances the quality of life of a senior.

To make a donation to honor your friend over the holidays, please contact Kim Rhinehelder at 916/334-0810 or visit us on line at [www.eskaton.org/donations](http://www.eskaton.org/donations).

## South Placer Macular

## Degeneration Association

Please join us on Wednesday, December 21st for the annual SPMDA holiday party in the Village Center. There will be holiday entertainment on the piano by Ellen Smith from 11:30-1:00, and by the Tina Minasian Ukulele Group from 1:00-1:30. For details on the lunch menu and cost, please call the Lodge Reception Desk at 916-789-7831, or for more information about the association, call the SPMDA Hotline at 916-772-5885. This event would be a good time to start or renew your membership for 2012.



**ESKATON**  
FOUNDATION

The Lodge at Eskaton Village Roseville  
1650 Eskaton Loop  
Roseville, CA 95747

Phone: 916-789-7831  
Fax: 916-782-1874  
Website: [www.eskaton.org](http://www.eskaton.org)  
License #315002052

## Dates to Remember in December



December 1

**Chef's Corner with Ann**  
1:30 in Country Kitchen 1

December 3

**St. Clare's Catholic Church  
Children's Choir & Youth Band**  
10:00 in the Dining Room

December 4

**Movie Outing**

1:00 in the Lobby

December 5

**Gift Shop Open House**  
11:00-3:00 in the Lobby

December 6

**Cookie Lee Jewelry Sale**

10:00 in the Lobby

December 7

**Draper's & Damon's Outing**  
10:30 in the Lobby

December 8

**Caroling by the Springtones**  
2:00 in the Dining Room

**Rock of Roseville Strings & Sings**  
6:00 in the Dining Room

December 9

**Resident Council**

10:30 in the Learning Center

December 11

**Christmas Party with Father  
Christmas & Marvin Ulvild**

2:00 in the Dining Room

December 12

**Christmas Lights Drive**

5:30 in the Lobby

December 14

**Sing with Diane**

2:30 in the Dining Room

**Children's Piano Recital**

7:00 in the Dining Room

December 15

**Music by Valerie**  
3:00 in the Dining Room

**Memory Care Holiday Dinner**  
5:00 in the Common Area

December 21

**Lunch at Skipolini's**

11:00 in the Lobby

December 22

**Holiday Musical Troop**  
2:00 in the Dining Room

December 29

**Neighborly Welcome Social**  
2:00 in Country Kitchen 1

December 31

**New Year's Eve Party with Bill  
Butler**

2:00 in the Dining  
Room

