

welcome home TO ESKATON

December
2011



ESKATON
VILLAGE

ROSEVILLE

Assisted Living & Memory Care
916-789-7831
www.eskaton.org

License #315002052

Village Mailer
Homeowner Edition

Villager's Tree-Trimming Party



Stop by the Village Center on **Saturday, December 3rd at 2:00 pm** for the Villager's Tree-Trimming Party! We will be decorating the Village Center tree and sipping on some apple cider. Cookies are always welcome, so bring some to share! If you have anything special you would like to add to the tree, that is also welcomed.

HAPPY HOLIDAYS 

New Year's Eve Bash

Celebrate the beginning of a new year with your wonderful friends and neighbors at the Village Center on **Saturday, December 31st!** The Village Center's New Year's Eve Bash will start at **6:30 pm.**, and we will count down to the new year when the ball drops in New York. Light refreshments will be provided, so make sure you bring something to sip on, if desired. Please sign up in advance as soon as you see the sheet in the Village Center.



The employees of
Eskaton Village
Roseville wish you a
safe and happy holiday
season!

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Meet Your Neighbor: *Jeannine Leduc*

'Bonjour' (good day) and 'merci' (thank you) are standard words for one of your neighbors who was born in the French-speaking section of Vermont. From Vermont, Jeannine has been to many places.

She met her husband, Cameron, at a church high school dance and it was love at first sight. They married when Jeannine was just 18 years old. Because he was a career Air Force officer, they moved around the country...a lot. One stay was in Hawaii for four years where Jeannine and Cam were part of a water ski show. Those years are filled with good memories including being there for Hawaii's statehood celebration!

They raised a family of 3 boys who have provided her with 6 grandchildren and plenty of love. While the boys were growing up, Jeannine was an elementary school librarian, a position she loved. Later, she became interested in quilting, and her quilts, which have been displayed at the Village Center, are works of art! After Cam retired they took to managing campgrounds in California which gave them exciting stories to tell.

Jeannine is looking forward to her granddaughter's wedding coming up soon. Ask to see the dress she will wear and then tell her the dress is "tres belle" (very beautiful) and you will see a big smile on her face.

Jeannine came to Eskaton to be closer to one of her sons, Gary, after her husband, Cameron, passed away. She loves all the activities and people here.

Bienvenue (welcome home), Jeannine!

SAVE THE DATE

- Friday the 2nd at 1:30: Book Club w/Billie
- **Saturday the 3rd at 2:00: Villager's Tree Trimming Party**
- Monday the 5th at 10:00: Landscape Committee Meeting at the Lodge
- **Tuesday the 6th at 6:30: The Church of Jesus Christ of Latter Day Saints Youth Choir**
- Wednesday the 7th at 1:30: Bible Study at the Lodge
- **Saturday the 10th at 10:00: Second Saturday Coffee hosted by Ruby Huston & Millie Robinson**
- **Thursday the 15th at 5:00: Soup Supper**

SAVE THE DATE

- Wednesday the 21st at 11:30: Macular Degeneration Association Holiday Party
- Wednesday the 21st at 1:30: Bible Study at the Lodge
- Wednesday the 21st at 3:00: Activity Committee Meeting
- **Thursday the 22nd at 3:00: December Birthday Party**
- **Saturday the 24th - Monday the 26th: VC CLOSED**
- Wednesday the 28th at 1:00 & 1:30: Eyeglass & Hearing Aid Clinic
- **Saturday the 31st at 6:00: New Year's Eve Bash**

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December Birthdays

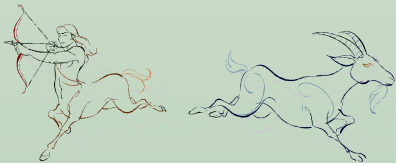
Birthstone = Turquoise

Flower = Narcissus

Astrological Signs = Sagittarius & Capricorn

Sagittarius rules those born from December 1 to 21. Sagittarians are often on the go, and their endless optimism is infectious. These are easy-going and curious people who love to learn new things. Capricorns are born from December 22 to 31. They are pragmatic and forthright, so they have no problem sharing their advice. Great improvisers, Capricorns make quick judgments in tricky situations.

3rd	Bill Garcia	12th	Betty Flint
	Pat Mills	16th	Nola Little
5th	Harry Bihler	20th	Bernice Coulter
7th	Mary Norberg	21st	Maria Duggan
8th	Louis Wenzel	28th	Walker Patton



Village Center Holiday Schedule

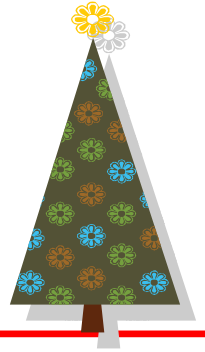
Please note that the Village Center will be closed for the holidays on the days listed below .

Saturday, December 24th

Sunday, December 25th

Monday, December 26th

Sunday, January 1st



Your EVR Homeowners' Association Representatives are Jim Bean and Harry Bihler.

Jim can be reached at:

916-774-6783 or

jimbean70@gmail.com

Harry can be reached at:

916-771-9614 or

hjbihler@surewest.net



Directory Updates

Please welcome and add to your homeowner directory the names and addresses of these residents:

Mary Grasso
1392 Marseille Lane
488-3541

John & Dorothy Asmus
1385 Marseille Lane
787-0150

Charles Sommer
1521 Marseille Lane
742-4661 (cell)

Now Showing at the Village Center Theater

Classic Movie Tuesdays at 4:00 pm &

Saturday Afternoon Matinees at 3:00 pm

Tuesdays In December

Movies to be announced on the whiteboard in the Village Center every Monday. This month, we will be showing: *Rebel Without A Cause*, *Grease*, *Roman Holiday*, and *A Christmas Story*.

Saturdays In December

3rd	NO MOVIE DUE TO CHRISTMAS PARTY
10th	Sarah's Key (PG-13, 2011)
17th	The Help (PG-13, 2011)
24th	VC CLOSED, NO MOVIE
31st	NO MOVIE DUE TO NEW YEAR'S EVE PARTY



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Come to the Bistro

Want to Meet Neighbors?

Looking for More Friends?

Many folks at last Community Council said they hoped to get to know each other better this coming year.

The Bistro is in the center of our Village -- and -- can become the Center of our Community Life. The large tables are great places to make new friends, enjoy some of Cyndy's great food, or even just sip a Chai Tea while you talk.

We've got some great people living here at Eskaton, and if more of them/us come up to the Bistro at lunchtime, we will get to know them/us much better.

Come to the Bistro...

CHURCH OF LATTER DAY SAINTS YOUTH CHOIR PERFORMANCE

The Church of Latter Day Saints is sending their youth group to visit us once again. For those of you present at last year's performance, you'll see some familiar faces as they carol for us on December 6th at 6:30 PM in the Village Center. You're welcome to join in the singing with them!

Bus Availability

Our bus driver will be taking a vacation to be with his family at Christmas. If you need transportation requiring the lift during the week of December 23rd to January 1st, please contact Lisa McCurdy in the Lodge so that she can help you make arrangements.

"Conversation" Has Ended

Due to a lack of participants, "Conversation" is coming to an end. If, at a later date, some Villagers want an opportunity to exercise their brains as they share thoughts and learn more about each other's lives, we can start up again; but until we have a group of some five or six Villagers who are interested enough to meet together, Ann will not be preparing topic cards and "thought provokers" each week. If and when a group requests, we can start again at a convenient time. For input, contact Ann Patton, 749-4905, or cvannie@comcast.net.

The Book Club would like to give a heartfelt "Thank You" to everyone who has not only been donating books to the Village Center library, but who have been reading them as well.

It's great to see our library being used!

December Soup Supper

Sign up for another soup supper, scheduled for **Thursday, December 15th at 5:00 pm**. Details about the prices and type of soup will be announced when the sign-up sheet goes out. Just like last month, December's soup supper will be open to a limited number of people, so make sure you sign up as soon as you see the sheet in the Village Center.



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Unique Holiday Giving



Recognizing someone special over the holidays is a unique way to recognize a friend or relative and at the same time support the mission of Eskaton. A gift to Eskaton Foundation in honor of a friend is a thoughtful and meaningful way to give this year.

Your friend or loved one will be delighted when they receive a beautiful card explaining your gift (with your donation amount remaining confidential) and you will receive our gratitude for your tax-deductible donation. The card will be inscribed as shown below.

A generous gift given by _____
was made in your name in celebration
of this holiday season to Eskaton Foundation.
We are grateful for the gift and pleased
to acknowledge you.

At Eskaton Foundation we say that when a donor makes a tribute gift, they are **giving a gift that gives twice**. When you recognize someone special by celebrating the holidays you not only give a unique gift to your friend or relative, you give a gift that directly enhances the quality of life of a senior.

To make a donation to honor your friend over the holidays, please contact Kim Rhinehelder at 916/334-0810 or visit us on line at www.eskaton.org/donations.



Betty Spencer's Dinner Party

Betty Spencer is planning another great catered dinner on **Thursday, January 19th at 5:00 pm**, so make sure you save the date on your calendars! Further details about the event will be provided in the January newsletter.



NOTE: THERE WILL BE NO COMMUNITY COUNCIL MEETING, LA PROVENCE COOKING DEMO, OR GARDEN GROUP MEETING DURING THE MONTH OF DECEMBER. THESE PROGRAMS WILL RESUME AT THEIR USUAL DAYS AND TIMES IN JANUARY.

South Placer Macular Degeneration Association

Please join us on Wednesday, December 21st for the annual SPMDA holiday party. There will be holiday entertainment on the piano by Ellen Smith from 11:30-1:00, and by the Tina Minasian Ukulele Group from 1:00-1:30. For details on the lunch menu and cost, please call the Lodge Reception Desk at 916-789-7831, or for more information about the association, call the SPMDA Hotline at 916-772-5885. This event would be a good time to start or renew your membership for 2012.

Village Center at Eskaton Village Roseville
1620 Eskaton Loop
Roseville, CA 95747
916-789-7831



Wellness Corner



Tis the Season to be Jolly !

The holiday season is a joyous time of the year filled with family, gifts, goodwill, and peace on Earth, right? But, sometimes stress tries to settle in ...

If you were to fill an 8 oz. glass with water and hold it extended out in front of you, how heavy would it be? Not a problem for a moment, maybe an ache in your arm after an hour, you'd probably have to call for help after a day. In each case, it's the same weight, but the longer you hold it, the heavier it becomes.

That's the way it is with stress. If we carry our burdens all the time, sooner or later, as the burden becomes increasingly heavy, we won't be able to carry on. As with the glass of water, you have to put it down for a while and rest before holding it again. When we're refreshed, we can carry on with the burden. So, whatever burdens you're carrying now, let them down for a moment if you can and don't pick it up again until after you've rested a while.



Bocce Ball—Because of the change in seasons Bocce Ball will be scheduled for the 1st, 3rd and 5th Thursday of December at 10:00 am. As a reminder an email will be sent out on the Wednesday before game day. If you'd like to be added to the email list, please let Lisa D know at the Village Center.



Muscle Strength & Tone w/Free Weights—Through the month of December a class to help strengthen & tone your muscles will be offered at the Village Center. It will be held on Mon, Wed and Fri's at 9:30 am. We'll meet in the Presentation Room and will be sitting on chairs and standing for balance using free weights and resistance bands. Please see Lisa D for more details.